



Light of Life Trust



Light of Life Trust is a non-governmental organisation established in 2002 by Founder & Managing Trustee Villy Doctor, with a vision to transform the lives of underprivileged rural communities in India.

Light of life Trust through its holistic development approach is looking at supporting and strengthening the capacities of its beneficiaries to break out of the vicious generational cycle of poverty, rural India is reeling under.

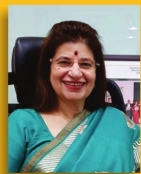
Through its ongoing programmes, the organization is looking at building, a generation of youth who are literate, confident, and knowledgeable of the world in which they live enabling them to make effective career choices that would lead them to gainful means of livelihood leading towards financial independence and stability.

The Trust aims to empower communities through an integrated model of education, skill training and health care in rural areas.

Our Vision : To transform lives of underprivileged rural communities in India.

Our Mission : To break the generational cycle of poverty, one life at a time.

Our Universe : At the centre of our projects are single parent, neglected, tribal and/or orphan children, youth and women from rural communities of India and their holistic development.



VILLY DOCTOR – Founder & Managing Trustee

An excellent teacher, an educationist, a psychologist, and a therapist, Villy Doctor is the founder of Light of Life Trust (LOLT) and Satyavati Spiritual Foundation. She is the co-founder of 'Ormax', a market research company that ranks among the leading three in India today. The former senior lecturer, St. Xavier's College and former visiting faculty, Nirmala Niketan, Mumbai, she held the position of Head of the Department, Psychology, at Sophia College, Mumbai, for a decade.

Compassionate, gentle, humble, giving and committed, Villy Doctor founded Light of Life Trust in 2002 with a vision to break the generational cycle of poverty, one life at a time. Since then she has dedicated herself to transforming the lives of under-resourced rural communities, particularly women and children, thereby empowering them to live with dignity & self-respect.



Education

Project Anando, initiated in 2005, sustains probable secondary school dropouts and equips them with skills to live in mainstream society, thus contributing to their all-round development. The project adopts the 3E approach of 'Educate, Empower and Equip for Employability'. Post Std. X, it handholds them in making career choices and supports their higher education and vocational training under a programme called Anando Plus.



School Empowerment

The School Empowerment Programme initiated in 2012, aims to enhance the quality of education imparted in rural secondary schools through training of teachers in effective classroom processes & modern teaching techniques. The active participation of all stakeholders is also encouraged to ensure the existence of a cohesive support system for children to complete their basic education.



Livelihood Training

Our Jeevan Asha Community Centres under Project Jagruti, equip underprivileged rural women and girls and unemployed youth through livelihood training programmes thereby enhancing their income generating skills leading them to attain financial independence. The courses offered are - tailoring, beauty care, computers, electrician, journalism, health attendant, two wheeler & mobile repairing etc.



Primary Health Care

Medical Mobile Units, operating since 2012, provide primary health care services to remote rural parts and tribal hamlets having no access to any kind of medical facilities.



Environment Conservation

This programme was initiated with the aim to provide additional source of income to poor farmers with the distribution and close monitoring of fruit bearing plants to them.

Our Impact Lives Transformed:

245656

Education
121366

School Empowerment
20611

Livelihood Training
41171

Primary Health Care
39663

Environment Conservation
22845

Success Stories



Nirguna Thombare

Nirguna's is a story of grit, determination, and inspiration, a story of a 30-year old skilled, confident & courageous woman who has become an embodiment for 'empowerment'.

Compelled to drop out of secondary school early on in life due to poor financial circumstances, Nirguna was married off to a complete stranger at the young age of 22. A troubled married life soon led to a separation from her husband. At that time, with little education and almost no skill set to support her, Nirguna felt helpless and went through a difficult phase in life due to a low self-confidence, frustration and dejection.

In March 2016, she came across LOLT's Jeevan Asha Community Center at Tiwari and got a chance to interact with the LOLT team. Inspired by the various courses offered in vocational skills and the optimism of the LOLT team, she enrolled for the Sewing & Tailoring and Beautician training courses. Slowly and steadily, Nirguna was able to overcome her challenges. She acquired income generation skills, became more confident, and learnt to communicate and carry herself with pride and dignity. In 2017, she gathered the courage to file for a divorce and finally brought an end to her troubled marriage.

After successfully completing the two courses, Nirguna started to stitch & offer beautician services at her home. She became a part of the LOLT tailoring production unit at Tiwari and started stitching school uniforms, cloth bags, and much more. In October 2017, she enrolled for the Landscape and Lawn Development course and has a small plant nursery with 5000 saplings in her own backyard. The nursery brings her an income of approximately Rs 12,000 every season. In addition she started cultivating vegetables too.

It doesn't end here. She recently completed short term courses in Toran, Mehendi and Jewellery designing at the Jeevan Asha Community Center and is currently earning Rs 3000 to 3500 per month through her various skills sets. A strong and independent woman today, Nirguna is paying it forward at LOLT by mentoring other young girls and women at the Community Center. She is instrumental in decision making at her home and at the village level too now, and provides great support to her family of three.



Bhagyashree Wayare

Bhagyashree a single parent child was forced to drop out of school to help and ease the burden of her mother, a flower seller, working hard to make ends meet to provide for the family. A chance meeting with a social worker from LOLT Chondhi Center, Alibaug motivated her to continue school and very soon enrolled in the Anando Program.

The program helped her to comprehend her subjects better and also make her confident to achieve her first milestone, SSC. She decided to study further for another 2 years and after completing Std. XII, decided to start earning for her family.

With the help of an education loan Bhagyashree successfully completed the Diploma Course in Air Hostess Training from the Franklin Institute. While she did not take up flying the course equipped her with various skill sets, grooming, communication skills and the confidence to look at different avenues for a career. After a small stint at a 5 Star Hotel she was employed by a corporate in the Front Office. Not stopping here, she went on to pursue a Diploma in Logistics, Export and Shipping. This additional knowledge helped her earn a promotion and a chance to work in the Export & Imports sector in the same corporate office with a rewarding package. She is in regular touch with LOLT and is a mentor to the children in Alibaug. Bhagyashree's story is an inspiring one. She has surmounted obstacles to aspire for a better life and work towards realising this dream.