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Arpan - Towards Freedom from Child Sexual Abuse

According to WHO (World Health Organization), India has the world's largest number of sexually abused children, with a child below 16 years raped every 155th minute, a child below 10 every 13th hour and one in every 10 children sexually abused at any point of time.

Arpan is a Mumbai based registered NGO working on the issue of Child Sexual Abuse (CSA) with a team of dedicated and skilled professionals since the year 2006.

Vision: World free of Child Sexual Abuse

Mission: To empower individuals, families, communities and society with prevention and intervention skills to reduce the occurrence of child sexual abuse and heal its psychological, social, sexual and physical consequences

Arpan works with children and adults to prevent instances of child sexual abuse and help the process of healing through counseling and therapy.

Arpan's Services include:

1. Arpan's main activity is the Personal Safety Education (PSE) Program through which we empower children, teachers, parents, NGO professionals and other care givers with knowledge and skills to prevent instances of child sexual abuse and provide adequate support to children who have been victims.



2. Arpan also offers psychotherapeutic support through trained, qualified therapists to children and adult survivors of sexual abuse and their families to help them come into a process of healing.

3. We also conduct capacity building trainings so that teachers, NGO professionals and interested individuals can replicate the Arpan model of prevention and intervention.

Advocacy

Arpan has also initiated a core committee of experts including lawyers, social workers etc. who are working with policy makers at the National level for specific laws on CSA to prevent and reduce the occurrence of CSA.

We also advocate for the PSE Program with school and educational systems; to conduct and incorporate it into their curriculums.

Research

The entire model of intervention at Arpan is dependent on a strong inclination towards research and resource development that focuses on intensive data analysis, research studies, reviews of relevant secondary literature, development of child centric resource material, modules, manuals etc.

Arpan has reached out to over 35,000 individuals so far.

In the last 5 years of existence Arpan has worked, directly and indirectly, with over 35,000 children and adults. We have reached out to parents, teachers, children, NGO professionals, caretakers and mental health professionals with our various prevention and healing programs. Our programs are now being implemented in schools across India.



Please connect with us for further information on our various programs and projects.
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